

## COFFEE AND CONVERSATION

Every Wednesday  
from 10-11 am  
July 2022



# Join Our Weekly Speaker Series!

Attend via Zoom



### **Wed, July 6, 2022:** *The Care Partner Project - How to Stay Safe in the Hospital*

Get the care you deserve for the people you love. Dana Hutson, community educator with The Care Partner Project, will identify the most common hospital hazards, how to prevent them and how to speak up for a loved one's care. You will walk away with new confidence and practical "checklists" to be effective advocates for your loved ones.

### **Wed, July 13, 2022:** *Center for Local History, Arlington Public Library*

Judith Knudsen from Arlington Public Library will join us to talk about the library's Center for Local History and its efforts to collect, preserve and share historical documents that tell the history of Arlington's citizens, organizations, businesses and social issues.

### **Wed, July 20, 2022:** *Technology in the Home*

You've seen smart home devices advertised on TV, and you may have even thought about buying one. But you're unsure if they live up to the hype. Nick Englund will present an overview of home automation devices, including Amazon Alexa and Google Home, and how they can help you stay connected and informed.

### **Wed, July 27, 2022:** *Oral Health*

Did you know that good oral health is a gateway to good health in general? Problems with your teeth and gums could lead to a host of other problems including heart disease and pneumonia. Tom Wilson, executive director of the Northern Virginia Dental Clinic, will talk about the importance of good oral health and mission and services of the Northern Virginia Dental Clinic.

**More information and how to join via Zoom can be  
found in the online calendar below**

For more information or to learn about the benefits of becoming a member of Arlington Neighborhood Village, contact us at 703.509.8057 or visit [arlnvil.org](http://arlnvil.org)

