



Arlington Neighborhood Village

Making Arlington your home for a lifetime

Arlington Neighborhood Village (ANV) is dedicated to helping Arlington residents, aged 55 and older, continue living in their own homes – safely, independently, and with an enhanced quality of life. ANV Volunteers provide the “extra help” that someone may need to stay in their home; ANV offers its community strengthened connections through social and educational programs, support services, and other resources.

What does ANV offer?

ANV has two Membership categories: Full Members and Associate Members.

Programs and services available to **Full Members** include:

- **Transportation** – a volunteer can take you to medical and dental appointments, grocery shopping, ANV-sponsored outings, the post office, bank, and beauty/barber shop. (Up to three round-trip rides each week.)
- **Errands** – a volunteer can go on your behalf, for example, to pick up groceries or other items, or mail a package or letter.
- **Friendly Visitor** – a volunteer can visit you once a week for 1.5 – 2 hours.
- **Walking Buddy** – a volunteer can come to your home once a week to walk with you.
- **Household help** – a volunteer can come to your home for tasks such as changing light bulbs, replacing furnace filters, tightening handles, or hanging pictures.
- **Technology assistance** – a volunteer can come to your home to help with your computer, laptop, tablet, TV, phone, printer, or other technology device.
- **Occasional yard care** – a volunteer can help with light pruning or gardening.
- **Home checks** – a visual check on your house (exterior) while you are away.
- **Home Modification Assessment** – a certified Aging-in-Place Specialist can conduct an individual home assessment to promote independence and safety in your home.

Full Members and **Associate Members** can take advantage of:

- Social gatherings, outings, educational activities – attend social events like cultural activities, presentations on topics of interest, dining and holiday parties.
- Daily check-in – a quick call or email to be sure you are OK, and follow-up if needed.
- Health and Wellness – fall-prevention classes and opportunities for healthy movement, like bocce and nature walks.
- Arlington County Parks and Recreation 55+ Program Basic Pass
- Subscription to Washington Consumers’ CHECKBOOK.
- Discounted Emergency Response System through Virginia Hospital Center.
- Help identifying and accessing county-provided services
- Help understanding and selecting “home care” services.

How do I join Arlington Neighborhood Village?

If you are 55 or older and live in Arlington County, you are eligible to join. ANV has two membership categories:

- **Full Membership** entitles you to receive any of the volunteer services offered and to take part in all programs and social activities. The annual fee for one person is \$500. The fee for each additional member in a household is \$250. We offer discounted membership fees to both Individuals and Households, based on annual income. For Individuals with annual income up to \$47,250, the discounted annual fee ranges from \$25 to \$100. For Households with annual combined income up to \$50,400, the annual fee ranges from \$37 to \$150.
- **Associate Membership** includes access to all programs and social activities, but not the volunteer-provided services. The annual \$500 fee applies to both Individuals and Households. (Note that \$375 of the fee is considered a charitable contribution to ANV as a not-for-profit 501(c)(3) organization and may be tax-deductible.)

To learn more and/or to begin the application process, please call us at (703) 509-8057 or visit us online at www.arlnvil.org and submit the preliminary Membership Application.

How do I become an ANV volunteer?

Adult volunteers of all ages are welcome. It is not necessary to be an ANV member to volunteer with us. To begin the process, please visit our website www.arlnvil.org and submit the Volunteer Application; we will help match you to opportunities suited to your preferences, schedule, and skills - from providing transportation, to assisting with light home repairs, to checking in with a daily phone call, or working in the office or on an ANV committee. You'll receive the training you need. If you decide to provide direct services to our members, an independent company will conduct a criminal background check. If you are volunteering to provide transportation, we will also check your driving record; you must show us your driver's license and proof of vehicle insurance and keep both of these current.

How can I donate?

We welcome financial gifts! To donate, please visit us online at www.arlnvil.org or call us at (703) 509-8057. Unrestricted gifts support all ANV operations, such as volunteer verification, insurance, printing and mail costs, technology, and a small number of paid staff. You may also earmark your donation for our Discounted Membership Program, to support membership for those living on a limited income.

Remember, ANV is right for you if you:

- Need a little help with errands or getting to medical appointments.
- Would like to have a back-up support should you have a period of incapacity.
- Are interested in connecting with others in your community, perhaps having recently retired or relocated to Arlington.
- Like the idea and would like to volunteer to help your neighbors.
- Wish to have more peace of mind for you and your family.