



Arlington Neighborhood Village
Making Arlington your home for a lifetime

www.arlnvil.org

703-509-8057

COFFEE AND CONVERSATION

Every Wednesday from 10-11 am

October 2018

**Walter Reed Community Center,
2909 South 16th Street, Arlington, VA 22204.**

Free parking is available in the parking lot adjacent to the Center.

**Join Arlington Neighborhood Village's
"Coffee and Conversation" series.**

**Bring your own coffee, learn about aging in place, and hear
from the speakers listed below. No RSVP Needed.**

Everyone is invited to participate in these ANV Activities:

October 3: Robert Bowen, Arlington County Fire/Lieutenant and Stephanie Dibik, RN, Virginia Hospital Center will provide information on the latest CPR techniques and provide hands-on training.

October 10: Learn about the new Arlington Electoral Board strategic plan for future elections from Electoral Board Chair Charlene Bickford, Vice Chair David Bell, and General Registrar Linda Lindberg.

October 17: Larry Lipman, a local magician who performs under the name Lorenzo the Great will share his passion for magic along with some of his favorite tricks.

October 24: Jennifer de la Cruz, Registered Pharmacist will provide an update on vaccines for adults 55+

October 31: Halloween Fun

For more information or to learn more about the benefits of becoming a member and/or volunteering with Arlington Neighborhood Village, call the ANV office at (703) 509-8057 or visit www.arlnvil.org.

